



The CENTER
for Christian Spirituality

Called to Freedom

Contemplative Worship in the Manner of Taize

March 8, 2026

"In the depths of our being has been set a call to inner freedom. And in this freedom there is poetry. I can find joy in a trifle ~ the wind in the trees, the play of light in the sky, the intimacy of a simple meal, the presence of those we love..."

Brother Roger of Taize

"Raise a Song of Gladness"

Ju-bi-la-te De-o om-nis ter-ra. Ser-vi-te Do-mi-no
Raise a song of glad-ness, peo-ples of the earth. Christ has come, bring-ing peace,
in lae-ti-ti-a. Al-le-lu-ia, al-le-lu-ia, in lae-ti-ti-
joy to ev-ry heart. Al-le-lu-ia, al-le-lu-ia, joy to ev-ry
a! Al-le-lu-ia, al-le-lu-ia, in lae-ti-ti-a!
heart! Al-le-lu-ia, al-le-lu-ia, joy to ev-ry heart!

"My Soul Is Waiting"

My soul is wait-ing for God. My heart finds joy in the Lord.

O O My

Those who dwell in the shelter of Infinite Light,
 who abide in the wings of Infinite Love,
 Will raise their voices in praise:
 "My refuge and my strength;
 in You alone will I trust."

"Nada te Turbe"

$\text{♩} = 72$
p *mf*

Na - da te tur - be, na - da te es - pan - te. Quien a Dios tie - ne
 Noth - ing can trou - ble, noth - ing can fright - en. Those who seek God shall

p *mf*

f *f*

na - da le fal - ta. so - lo Dios bas - ta.
 nev - er go want - ing. God a - lone fills us.

f

"Spiritus Jesu Christi"

$\text{♩} = 58$

Spi - ri - tus Je - su Chri - sti, Spi - ri - tus ca - ri - ta - tis, con -
 Spi - rit of Christ Je - sus, Spir - it of lov - ing kind - ness, con -

fir - met cor tu - um; con - fir - met cor tu - um.
 firm your heart and keep it; con - firm your heart and keep it.

For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery. For through the Spirit, by faith, we eagerly wait for the hope of righteousness. For in Christ Jesus neither circumcision nor uncircumcision counts for anything; the only thing that counts is faith working through love. For you were called to freedom, brothers and sisters, only do not use your freedom as an opportunity for self-indulgence, but through love serve one another. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself."

"Sing Out, My Soul"

Sing out, my soul, sing out, my soul. Sing out and glo-ri-fy the Lord who sets us free.

Sing out, my soul. Sing out my soul. Sing out and glo-ri - fy the Lord God!

Centering in God

During these minutes of silence, simply rest in God's abiding and loving presence in this moment. You are in God and God is in you. Just be and relax. Center your attention in your heart and imagine your breath flowing in and out from your heart area. If it helps you to center, use a sacred prayer word such as Abba, Spirit, Jesus, Beloved, Light, or Love.

Litany of Praise (with "Adoramus te Domine")

(hum) _____ A - do - ra - mus te Do - mi - ne.
We a - dore You, Lord Je - sus Christ.

Let us contemplate Jesus the Lord: instead of the joy meant for him, he endured the cross, disregarding its disgrace.

--Adoramus te Domine.

O Jesus Christ, born in humility to confound the proud and to raise the humble,

--Adoramus te Domine.

You lived among us, healing the sick, proclaiming Good News to the poor and freedom to prisoners.

--Adoramus te Domine.

You came to unbind the chains of every slavery, friend of the humble, bread of hungry hearts,

--Adoramus te Domine.

Jesus, full of patience and goodness, you showed forgiveness and kindness to the very end.

--Adoramus te Domine.

Jesus, gentle and humble of heart, you call to yourself all who are weary and burdened.

--Adoramus te Domine.

Jesus, you came into the world to serve and to give your life for our salvation and freedom.

--Adoramus te Domine.

Receiving Holy Communion

"Adoramus Te Christe"

A-do-ra-mus te Chris-te, be-ne-di-ci-mus ti-bi, qui-a per cru-cem
We a-dore you, Je-sus Christ, and we bless your ho-ly name; tru-ly your cross and

tu-am re-de-mi-sti mun-dum, qui-a per cru-cem
pas-sion bring us life and heal-ing, tru-ly your cross and

tu-am re-de-mi-sti mun-dum.
pas-sion bring us life and heal-ing.

"Ubi Caritas Deus Ibi Est"

U-bi ca-ri-tas et a-mor, u-bi ca-ri-tas De-us i-bi est.

Receiving a Good Word