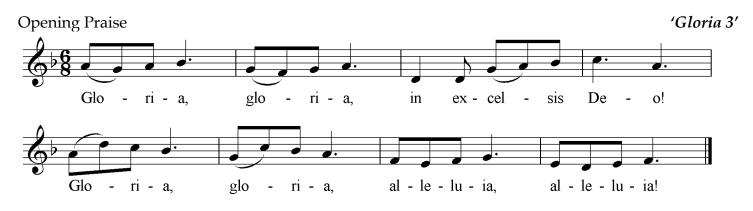


Faith Works

8:45 a.m. + March 2, 2025



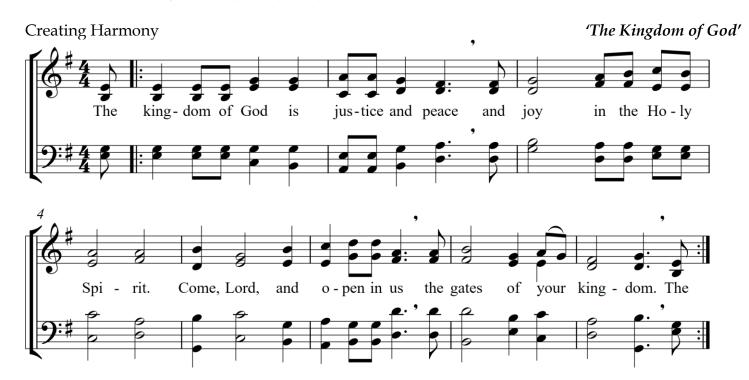
The Morning Psalm

Psalm 96:10-13

We will say among all the peoples that you are God; that you keep the whole world held within your love. Let the heavens rejoice and the earth be glad;

> let the sea roar and all its creatures delight; let the fields be joyful and all that is in them: then shall the trees of the wood sing for joy.

We will sing before you, singing your praise along with all creation. For you are a God who is faithful, always loyal to your covenant, creating harmony out of every discord.



Receiving Wisdom from Above

James 1:5-8

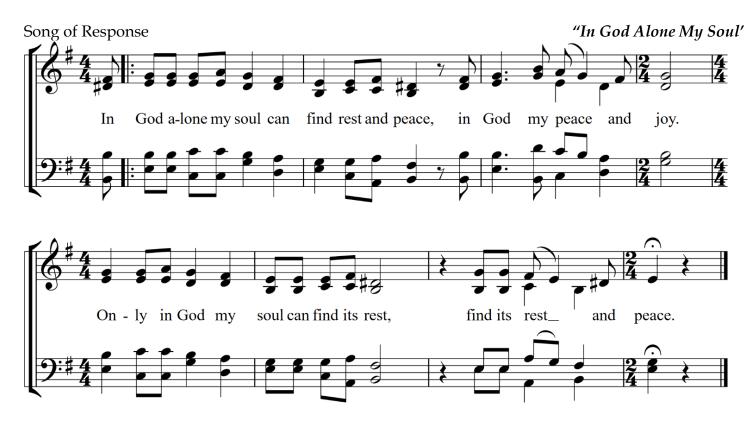
But if any of you are lacking Wisdom, then ask God and it will be granted you, for God is generous and Selfgiving, and imparts to all ungrudgingly and without reserve. But ask trustingly, without hesitation or doubt, for those who are doubtful are like ocean waves driven and tossed about by the winds. Do not imagine that they are capable of receiving anything from the Lord, for an individual with a divided heart is inherently unstable.



Living in Wisdom

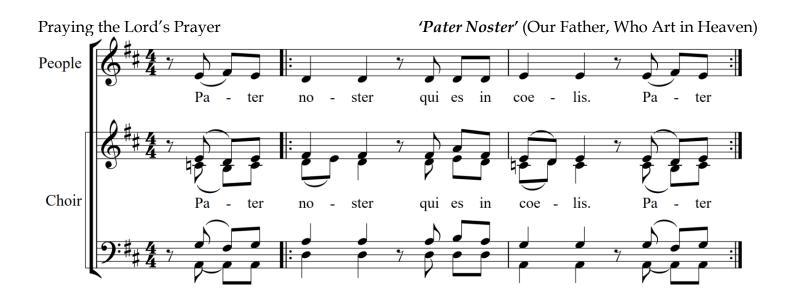
James 1:16-18

So brothers and sisters, do not live in error, God only gifts us with the Good, and each Divine Gift is a perfection that falls from above, coming down from the changeless Source (the Father of Lights), with whom there is no alteration, nor play of passing shadows. The whole purpose is to bring us into being by Truth spoken, in order that we might become a kind of "first-fruit" brought forth from out of the whole creation.



Silence

During these minutes of silence, simply rest in God's abiding and loving presence in this moment. You are in God and God is in you. Just be and relax. Center your attention in your heart and imagine your breath flowing in and out from your heart area. If it helps you to center, use a sacred prayer word such as Abba, Spirit, Jesus, Beloved, Light, or Love.



Receiving Holy Communion and Prayer around the Cross

You may receive Holy Communion at one of the Communion stations or move to the cross. You may touch the cross as an expression of your communion with the crucified Christ and with all who suffer. As you touch the cross, silently entrust your burdens and those of other people to Jesus. Christ accompanies every person in his or her suffering.



Torri Yaussy - Flute, Anastasia Sciretti - Cello.

For information about The Center for Christian Spirituality and upcoming events, visit:

www.TheCenterFCS.org.

Please register your presence in the notebooks in the foyer. If you have a prayer request or seeking support, please contact Rachel Sciretti, <u>rsciretti@chapelwood.org</u>.

Centering Prayer

Today | The Chapel | after Contemplative Worship

Worship Response

Today | The Anchor House | 10:00 a.m.

The Anchor House Hours

Tuesdays – Fridays | Noon - 4pm

The Anchor House is open in the afternoons for you to come and pray, meditate, walk the Labyrinth or just be still. If you would like to request a specific room for spiritual direction, counseling or for your own time of retreat outside of these hours, please let Haley know and we will make sure a room is available for you.

Yoga at The Center: A Posture of Prayer

Monday, March 3 | The Anchor House | 6:00 p.m. – 7:00 p.m. | \$20 per class In this course, led by Jonathan Mangrum, we will use the practice of yoga as a lens to explore what it means to embody spirituality. Each class will include time engaging in breath work, meditation, yoga postures, and poses.

