



Words to Remember

8:45 a.m. + October 20, 2024

*It was for this that the Lord came,
so that he might change our souls, re-create them,
and, as the scripture says, "make us sharers in the divine nature."
He will give to our soul a heavenly soul,
which is the Holy Spirit,
who will lead us into the fullness of virtue,
so that we will even start to live the eternal life,
as far as this is now possible.
Makarios the Great (4th century)*

Looking for the Divine

*Heaven touches earth every single moment,
In the setting sun, the whispers on the wind.
The gentle fall of rain, the fragrance when it's over.
We will taste, and we will see, and know that God is good.*

"Heaven Touches Earth"

*May we sense your presence, O God.
May we sense your presence, O God.
Make our senses gateways to all that you are.
May we sense your presence, O God.*

Listening to the Teacher

*Now, I go to The Presence of The One who has sent Me....
I have told you all these things,
and sorrow has come and has filled your hearts.
But, I am speaking The Truth to you,
that it is better for you that I go,
for, if I don't go, The Helper will not come to you.
But, if I go, I will send The Helper to you....
When The Spirit of Truth has come,
The Spirit will guide you in all The Truth....
For He, Abba, loves you, because you have loved Me,
and you have believed that I have proceeded from The Presence of Abba.
I have proceeded from The Presence of Abba, and have come into the world.
And again, I leave the world, and I go to The Presence of Abba.
I have spoken these things to you,
so that in Me there will be Peace for you.
In the world there will be affliction for you,
but, take courage, I have overcome the world.*

John 16: 5-7, 13a, 27-28, 33

Song of Response

“Spirit of Christ Jesus”

*Spirit of Christ Jesus,
Spirit of loving kindness,
Confirm your heart and keep it,
Confirm your heart and keep it.*

Listening for the Word

John 16: 5-7, 13a, 27-28, 33

*Now, I go to The Presence of The One who has sent Me....
I have told you all these things,
and sorrow has come and has filled your hearts.
But, I am speaking The Truth to you,
that it is better for you that I go,
for, if I do not go, The Helper will not come to you.
But, if I go, I will send The Helper to you....
When The Spirit of Truth has come,
The Spirit will guide you in all The Truth....
For He, Abba, loves you, because you have loved Me,
and you have believed that I have proceeded from The Presence of Abba.
I have proceeded from The Presence of Abba, and have come into the world.
And again, I leave the world, and I go to The Presence of Abba.
I have spoken these things to you,
so that in Me there will be Peace for you.
In the world there will be affliction for you,
but, take courage, I have overcome the world.*

Opening Ourselves

“Spirit Of Truth”

*Spirit of Truth, enter my mind.
Soul of Wisdom, enter my heart.*

Meditating on the Word

John 16: 5-7, 13a, 27-28, 33

*Now, I go to The Presence of The One who has sent Me....
I have told you all these things,
and sorrow has come and has filled your hearts.
But, I am speaking The Truth to you,
that it is better for you that I go,
for, if I do not go, The Helper will not come to you.
But, if I go, I will send The Helper to you....
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The Spirit will guide you in all The Truth....
For He, Abba, loves you, because you have loved Me,
and you have believed that I have proceeded from The Presence of Abba.
I have proceeded from The Presence of Abba, and have come into the world.
And again, I leave the world, and I go to The Presence of Abba.
I have spoken these things to you,
so that in Me there will be Peace for you.
In the world there will be affliction for you,
but, take courage, I have overcome the world.*

Reflecting on What We have Heard

Responding to the Word

John 16: 5-7, 13a, 27-28, 33

*Now, I go to The Presence of The One who has sent Me....
I have told you all these things,
and sorrow has come and has filled your hearts.
But, I am speaking The Truth to you,
that it is better for you that I go,
for, if I do not go, The Helper will not come to you.
But, if I go, I will send The Helper to you....
When The Spirit of Truth has come,
The Spirit will guide you in all The Truth....
For He, Abba, loves you, because you have loved Me,
and you have believed that I have proceeded from The Presence of Abba.
I have proceeded from The Presence of Abba, and have come into the world.
And again, I leave the world, and I go to The Presence of Abba.
I have spoken these things to you,
so that in Me there will be Peace for you.
In the world there will be affliction for you,
but, take courage, I have overcome the world.*

Giving and Receiving Peace

"Shalom"

Shalom, shalom. Shalom, shalom.

I give you my peace, I give you my peace.

I give you my peace, I give you my peace.

Silence

During these minutes of silence, simply rest in God's abiding and loving presence in this moment. You are in God and God is in you. Just be and relax. Center your attention in your heart and imagine your breath flowing in and out from your heart area. If it helps you to center, use a sacred prayer word such as Jesus, Abba, Spirit, Light, or Love.

Moving to the Table

"Heaven Touches Earth"

May we sense your presence, O God. May we sense your presence, O God.

Make our senses gateways to all that you are. May we sense your presence, O God.

Communion

Receiving a Good Word



Our Staff

Haley Brown – Associate Director of The Anchor House

Courtney Garrison – Ministry Assistant

Peter Johns – Associate Director of Contemplative Worship

Zachary Montasser – Violinist

Rev. Rachel Sciretti – Associate Pastor

Rev. Dr. Michael Sciretti, Jr. – Pastor of The Center

Quartet

Amia Langer – Soprano, **Katherine Jones** – Alto, **Dallas Gray** – Tenor, **Nathan Holmes** - Bass

Today's Music

"Heaven Touches Earth" – Peter Johns, *"Spirit of Christ Jesus"* – Jacques Berthier,
"Spirit of Truth" – Emily Wilmer, *"Shalom"* – Yuval Ron, to the tune of Erev Shel Shoshanim

For information about The Center for Christian Spirituality and upcoming events, visit:

www.TheCenterFCS.org.

Please register your presence in the notebooks in the foyer.

If you have a prayer request or seeking support, please contact Rachel Sciretti, rsciretti@chapelwood.org.

Everything Belongs: A Contemplative Journey through Songs from The Center, Volume 2

Tonight | The Anchor House | 6:00 p.m.

In this course we will explore the contemplative teachings behind each song on our upcoming album, Everything Belongs, as well as related contemplative practices for each song. This week we will explore the songs, "Circle Me" and "Only Be Still". There is no cost for this course, but registration is required. Contact Haley (hbrown@chapelwood.org) if you have any questions.



Stewards of the Earth: Creating a Habitat in Your Yard with Native Plants

Wednesday October 23 | The Anchor House | 6:30 p.m. | \$30

In this class we'll develop a theological basis for creation care and discover how to live out our call to steward the earth. We'll explore how to incorporate native plants into our landscape and seek to understand how we can help our local ecosystem thrive. Please use the QR code to register for the class.



The Yoga of Jesus: Practice and Discussion

Saturday October 26th | 9:00 a.m. | The Anchor House | \$60

In this course, we will use the practice of yoga as well as this book, The Yoga of Jesus as a lens to explore the gospels and what it means to embody spirituality. Each class will include time engaging in breath work, meditation, yoga postures and poses, as well as a discussion at the end of each class. For more information about this course and what to expect, visit the registration page below.



Means of Grace: The Contemplative Beliefs of John Wesley

Thursday October 31st | 6:30 p.m. - 8:30 p.m. | The Anchor House | \$120

Part family dinner, part history lesson, the aim of this class is to engage in "holy fellowship", as John Wesley understood it, and to look at the life and beliefs of the man who started the Methodist Movement. Each class will start with a delicious meal and an abbreviated version of a Methodist Class meeting and will end with a discussion on the topic for the evening. Join us for a 6 week "holy experiment" as we eat together, learn together, and have our hearts strangely warmed. For more information about this course, visit the registration page below.



November Guided Silent Retreat

Sat. Nov. 2 | 9 a.m. - 2 p.m. | The Anchor House | \$25

For November's guided silent retreat, we will personally explore the Feasts of All Saints and All Souls. There will be plenty of time for reading and reflection, prayerful walking of our backyard labyrinth, and space for prayerful art. Participants will receive handouts with readings, prayers and songs related to All Saints and All Souls, for use as lectio divina as well as reflective questions.



Minaret Foundation Upcoming Gatherings

November 7 & December 12 | 6:30 – 8:30 p.m. | Location TBD

Everything Belongs: Songs from The Center, Volume 2 - Contemplative Concert

November 10 | 6:00 p.m. | The Chapel