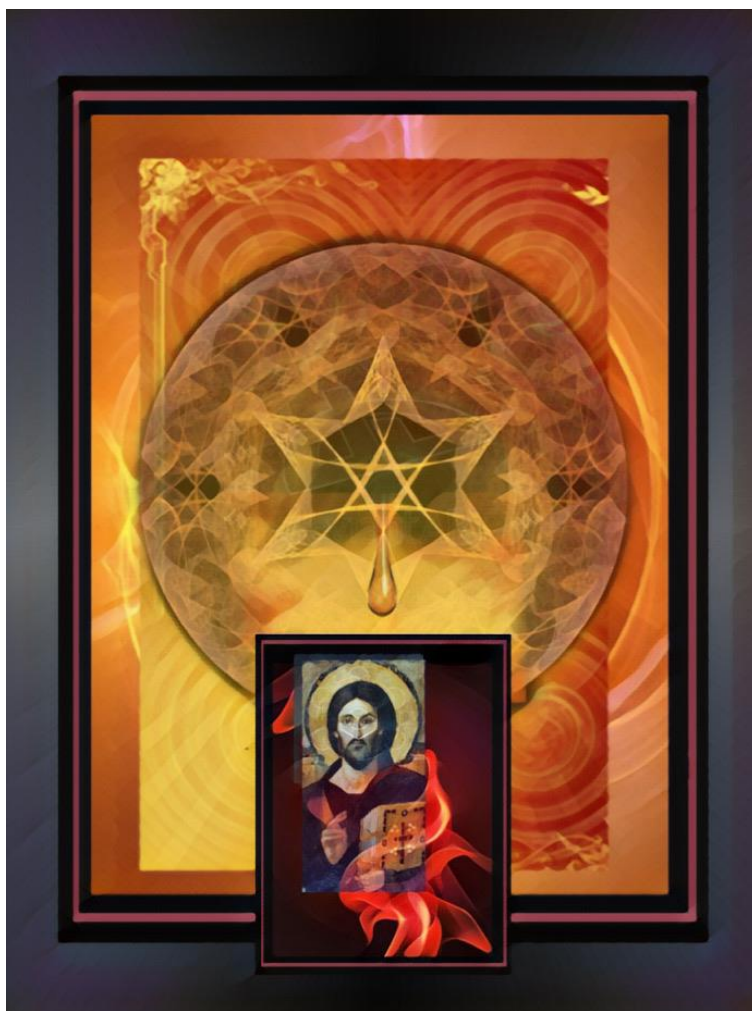


Manifesting Light, Life, and Love

8:45 a.m. + April 21, 2024 + Fourth Sunday of Easter



Calling Out to the Anointed One *"O Christe Domine Jesu"* (O Christ, Lord Jesus) with Psalm 23

O Chris - te Do - mi - ne Je - su, O Chris - te Do - mi - ne Je - su! O

Contemplating Scripture

1 John 2:20-21, 24-27

*You have The Anointing from the Holy One, and you are discerning all things.
I have not written to you because you do not know The Truth, but because you know the Truth....*

*Allow the One you have heard from The Beginning to abide in you.
For if the One you have heard from The Beginning abides in you,
you will abide in the Son and in the Abba.
And this is the Promise that he has promised to us – The Eternal Life.
But these things I have written to you, because of those who lead you astray.*

*And if The Anointing, which you have received from him, abides in you,
you have no need that anyone teach you.
For the same Anointing, which is from Alaha,
teaches you concerning All Things and is Truth and is not False.
Just as It has taught you, you shall abide in him.*

Meditation

Declaring Who We Are

“Within”

*Within, within.
Within my soul a treasure lies,
The God of heaven and earth resides within, within.
This temple built of flesh and bone,
Contains inside God's holy throne!
Within, within, within.*

*In faith, in fear.
No matter what may come along,
Within my heart you sing a song of hope, of love.
A reassuring melody,
That stirs from deep inside of me.
Within, within, within.*

Contemplating Scripture

1 John 2:3-6,9-11

*And by this we know that we know him – if we keep his commandments.
For the one who says, “I know him,” and does not keep his commandments,
is false, and The Truth is not in this one.*

*But the one who keeps his Word, in this one the Love of God is truly perfected.
In this we know that in him we are.
The one who says, “I abide in him,” ought to walk according to his “walkings.”*

*The one who says, “I am in the Light,” but hates his sibling, is in the Darkness until now.
The one who loves his sibling abides in the Light, and there is no stumbling block in him.
But the one who hates his sibling, in the Darkness he is, and in the Darkness he walks,
and he does not know where he goes, because the Darkness has blinded his eyes.*

Meditation

Living as Children of Light

“The Heart of God”

*Faith that moves mountains,
Grace that forgives.
Peace that calms stormy seas.
Love that brings healing,
Trust that endures.
Truth that can set us free.
Help us embody all that you are,
And live lives that reflect your grace.
To walk with the stranger,
Until we are friends,
And we all find our place,
At home in the heart of God.*

*Make us faithful to forgive,
When we're wounded by the world.
Peaceful bearers of your grace.
Help us love as you love.*

Silence

During these minutes of silence, simply rest in God's abiding and loving presence in this moment. You are in God and God is in you. Just be and relax. Center your attention in your heart and imagine your breath flowing in and out from your heart area. If it helps you to center, use a sacred prayer word such as Christ, Love, Abba, Jesus, or Spirit. Or follow the rhythm of your breath.

Reflecting the Light of God

“O Enlightened One”

*O Enlightened One,
Life-giving Spirit.
May I bear your Image,
And be a child of Light.*

Communion

Receiving a Good Word



Our Staff

Haley Brown – Ministry Assistant & Director of gastrochurch
Peter Johns – Associate Director

Rev. Rachel Sciretti – Associate Pastor
Rev. Dr. Michael Sciretti, Jr. – Pastor of The Center

Zachary Montasser – Violinist

Amia Langer – Soprano, **Krista Pape** – Alto, **Cody Arthur** – Tenor, **Nathan Holmes** – Bass.

Today's Music

“O Christe Domine Jesus” – Jacques Berthier, *“Within”* – Peter Johns,
“The Heart of God” – Peter Johns, *“O Enlightened One”* – Michael Sciretti

For information about The Center for Christian Spirituality and upcoming events, visit:

www.TheCenterFCS.org.

Please register your presence in the notebooks in the foyer.
If you have a prayer request or seeking support, please contact Rachel Sciretti, rsciretti@chapelwood.org.

Centering Prayer

Today | The Chapel | after Contemplative Worship

Worship Response

Today | The Anchor House | 10:00am

Manifesting Light, Life, and Love: A Contemplative Bible Study on 1 John

Wednesdays, April 24 – May 8 | 6:30pm | The Anchor House

Join Michael and the rest of The Center team for 4 weeks of Bible study. We will explore the 5 chapters of 1 John together. In particular, we will reflect on what this ancient Christian letter says about manifesting the Light, Life and Love of God. We will read this letter together using Michael's new literal and contemplative translation from the most ancient Greek and Aramaic manuscripts, which will help us understand this text in a fresh way. We will also be offered a spiritual practice that relates to the chapter of the day. There will also be time for small group discussion.

The Anchor House Hours

Tuesdays - Fridays | Noon - 4pm

The Anchor House will be open in the afternoons for you to come and pray, meditate, walk the Labyrinth or just be still. If you would like to request a specific room for spiritual direction, counseling or for your own time of Centering Prayer outside of these hours, please let Haley know and we will make sure a room is available for you. If you'd like to become an Anchor House Host, let Haley know after worship or email her at hbrown@chapelwood.org.

World Labyrinth Day, Saturday, May 4

May Guided Silent Retreat

9:00am – 1:00pm | The Anchor House | \$35

Join us on May 4th for a day of exploring an ancient archetype for meditation, contemplation, and reflection. Between 9am and 1pm, we will learn how to use labyrinths as a spiritual practice, we will spend time building our own "mini" labyrinths, and have time to walk the Labyrinth at The Anchor House.



World Labyrinth Day Walk

1:00pm | The Anchor House Labyrinth | Free

Folks are invited to walk the Labyrinth at the Anchor House for a special World Labyrinth Day Celebration with Cindy Serio beginning at 1pm.

Rafa - An Evening of Contemplative Prayer, Lament, and Healing

May 5 | 6:00pm | Westminster United Methodist Church | <https://thecenterfcs.org/rafa>

Rooted – A Journey with The Center to Discover the Divine Among the Trees, Leaves and Vines

October 21 - 28

Join us for 7 days in California as we explore the wisdom and beauty creation has to offer us through the Coastal Redwoods and the Napa Valley vines. Scholarship funds are available. Total cost (not including airfare) is \$3,100/person. Contact Haley (hbrown@chapelwood.org) for the scholarship application.

