

Resurrection Sunday

8:45 a.m. + March 31, 2024



Ukrainian Orthodox Icon by Ivanka Demchuk

Welcome

Preparing Ourselves

Resting Secure

*Every mountain points the way to you.
Every clump of earth recalls how we were made.
Every rock sings out songs of faithfulness,
And reminds us all that is true:
We are grounded in you.*

"We Are Grounded in You"

Contemplating Scripture

Mark 16:1-8

When the Sabbath was over, Mary the Magdalene and Mary the mother of James and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week, at the rising of the sun, they came to the tomb (the place of remembrance). They said among themselves, "Who will roll away the stone for us from the entrance to the tomb?" When they looked up, they saw that the stone, which was very large, had already been rolled back. And entering into the tomb (the place of remembrance), they saw a young man clothed in a shining robe sitting on the right side, and they were amazed. But he said to them,

"Do not be amazed. You seek Jesus, the Nazarene, the Crucified One – he is risen.

He is not here. Look, there is the place they laid him. But go, tell his disciples and Peter that he is going ahead of you to Galilee; there you will see him, just as he told you."

So they went out and fled from the tomb (the place of remembrance), for trembling and astonishment had seized them, and they said nothing to anyone, for they were afraid.

Meditation

Songs of Response

"Meet Us in the Darkness" & "Don't be Afraid"

*Meet us in the darkness,
Where we wait for you.
Empty us of everything that is not true.
Laying down what we desire,
We seek the truth beyond the fire.
So, meet us in the darkness,
Where we wait for you.*

*Don't be afraid,
My love is stronger,
My love is stronger than your fear.
Don't be afraid,
My love is stronger.
And I have promised,
Promised to be always near.*

Contemplating Scripture

Mark 16:9-13

Now having risen early the first day of the week, Jesus shined first to Mary the Magdalene, from whom he had expelled seven demons. She went out and told those who had been with him, while they were mourning and weeping. But when they heard that he lives and had been seen by her, they did not believe. After these things he manifested in another form to two of them, as they were walking into the country. And they went back and told the rest, but they did not believe them.

Meditation

Song of Response

"Beyond Belief"

*In the knowing of the heart no words are needed.
As I gaze within myself, I see your face.
In the landscape of my soul, you run towards me.
Although now I know in part.
With my body, mind, and heart,
I am opening up to you,
Beyond belief.*

Silence as the Prayer of the Heart

Contemplative Prayer is sometimes called the Prayer of Remembrance. We begin by entering our own body, our own place of remembrance. We remember that we are embodied and we sense our own body here and now. We enter our own “cave” of the heart by “stooping down” in humility, with our attention directed towards our heart. From this place, we breathe deeply and pray. If it helps, use a sacred word to help you descend into this silence (such as Beloved, Teacher, Mercy, Abba, Jesus, or Spirit) or a breath prayer, such as “Lord” (*inhale*) “have mercy” (*exhale*). If a thought, feeling, or sensation tries to take you away from this interior place, don’t “cling” to it – simply and gently let it go by returning to your sacred word or breath prayer. In this way, we seek to “behold” the Sacred.

Our Hope in Christ

“Because He Lives”

*Because he lives,
I can face tomorrow.
Because he lives, all fear is gone.
Because I know he holds the future,
And life is worth the living just because he lives.*

Communion

Receiving a Good Word

Singing Our Joy

“Christ the Lord is Risen Today”

*Christ the Lord is risen today, Alleluia!
Earth and heaven in chorus say, Alleluia!
Raise your joys and triumphs high, Alleluia!
Sing ye heavens, and earth reply, Alleluia!*

*Soar we now where Christ has led, Alleluia!
Following our exalted Head, Alleluia!
Made like him, like him we rise, Alleluia!
Ours the cross, the grave, the skies, Alleluia!*



Our Staff

Haley Brown – Ministry Assistant & Director of gastrochurch
Peter Johns – Associate Director

Rev. Rachel Sciretti – Associate Pastor
Rev. Dr. Michael Sciretti, Jr. – Pastor of The Center

Zachary Montasser - Violinist

Today’s Music

“We are Grounded in You” – Peter Johns
“Meet us In the Darkness” – Peter Johns
“Don’t Be Afraid” – John Bell
“Beyond Belief” – Peter Johns
“Because He Lives” – Gloria and William Gaither
“Christ the Lord is Risen Today” – Charles Wesley

For information about The Center for Christian Spirituality and upcoming events, visit:

www.TheCenterFCS.org.

Please register your presence in the notebooks in the foyer.
If you have a prayer request or seeking support,
please contact Rachel Sciretti, rscoretti@chapelwood.org.

Centering Prayer

Today | The Chapel | after Contemplative Worship

Worship Response

There is no Worship Response meeting today.

The Anchor House Hours

Tuesdays - Fridays | Noon - 4pm

The Anchor House will be open in the afternoons for you to come and pray, meditate, walk the Labyrinth or just be still. If you would like to request a specific room for spiritual direction, counseling or for your own time of Centering Prayer outside of these hours, please let Haley know and we will make sure a room is available for you. If you'd like to become an Anchor House Host, let Haley know after worship or email her at hbrown@chapelwood.org.

Poetry and Parables - Guided Silent Retreat

Saturday, April 6 | The Anchor House | 9am – 2pm | \$20

Join us for a day of reflecting on different parables and poetry as we allow words and images to open ourselves up to new ways of seeing God, ourselves, each other, and the created world. We will have space to explore some of the Parables of Jesus, read some contemporary poetry, and look to see what the intersection of ancient and modern reveals in us. We will receive different writing prompts to help us reflect on what catches our attention. Cost of the retreat includes the price of lunch. We never want price to be a barrier. Please contact Haley Brown for scholarship information.



Rafa - An Evening of Contemplative Prayer, Lament, and Healing

Sunday, April 7 | The Anchor House Labyrinth | 6:00 p.m. | <https://thecenterfcs.org/rafa>

Our monthly evening contemplative worship service will take place next Sunday evening on The Anchor House Labyrinth. Using readings and chants from Taizé, we will mark and reflect on the total solar eclipse taking place Monday, April 8.

SoulCollage®

Saturday, April 13 | The Anchor House | 9:00 a.m. – 4:00 p.m. | <https://thecenterfcs.org/soul-collage/>

SoulCollage® is a spiritual practice that helps us know ourselves and grow closer to the person God has created us to be. Our 2024 theme is “Embodied Spirituality.” Your body is a temple of the Spirit, who dwells in you. ~from 1 Corinthians 6:19. There are full-day and morning-only registration options available. See the registration link for more details about options and fees.

