



The Center  
for Christian Spirituality



"Christ-centred Living" by Mary Fleeson of Lindisfarne Scriptorium

## *Celebrating the Saints*

8:45 a.m. + November 12, 2023

Shine Your Light on my path, may I follow Your way.  
Shine Your Light in my darkness, may I know Your love.  
Shine Your Light on my face, may I reflect Your glory.  
Lord, help me to serve. Help me to be Your Light.

*Mary Fleeson*

Journeying in Beauty

*"I Walk"*

*With beauty behind me I walk,  
With beauty before me I walk.  
Today as I travel I journey in goodness,  
Seeking out beauty I walk.  
With beauty below me I walk,  
With beauty above me I walk.  
Today as I wander the way of contentment,  
With calm assurance I walk,  
That all may be beauty I walk.*

Sitting with the Psalmist

*Psalm 1:1-3 NIV and Nan Merrill*

*Blessed is the one  
who does not walk in step with the wicked  
or stand in the way that sinners take  
or sit in the company of mockers,*

*Blessed are those  
who walk hand in hand with goodness,  
who stand beside virtue,  
who sit in the seat of truth;*

*Blessed is the one whose delight is in the law of the LORD,  
and who meditates on his law day and night.*

*For their delight is in the Spirit of Love,  
and in Love's heart they dwell day and night.*

*That person is like a tree planted by streams of water,  
which yields its fruit in season  
and whose leaf does not wither –  
whatever they do prospers.*

*They are like trees planted by streams of water,  
that yield fruit in due season,  
and their leaves flourish;  
And in all that they do, they give life.*

Examen

Song of Response

*"Pour Out Through Me"*

*Pour out through me,  
God of glory, Lord of grace.  
That all may see,  
Thy eternal, radiant face.*

Listening Again

*Psalm 1:1-3 NIV and Nan Merrill*

Meditation

Song of Response

*"My Soul Proclaims the Goodness of God"*

*My soul proclaims the goodness of God,  
My heart overflows with love for the world.  
My life gives voice to the vision of God,  
That all may be reconciled.*

## The Psalm Continues

*Not so the wicked!  
They are like chaff  
that the wind blows away.*

*Therefore the wicked will not stand in the judgment,  
nor sinners in the assembly of the righteous.*

*For the LORD watches over the way of the righteous,  
but the way of the wicked leads to destruction.*

## A Guide for Prayer

### Tending the Fruit of Wisdom

*I do not ask for wealth or fame,  
Endless riches, great acclaim.  
I ask for one thing in your name:  
Grant me a discerning heart.*

*Beyond the knowledge I have learned,  
All experiences earned,  
See wisdom waits to be affirmed,  
Held in a discerning heart.*

*Wisdom calls, wisdom leads.  
Her ways are pleasant, her paths are peace.  
She is the fruit of the tree of life,  
Grown in a discerning heart.*

*So let my life be fertile soil,  
Spirit plant, and I will toil –  
To tend a crop that will not spoil,  
Stored in a discerning heart.*

*Wisdom calls, wisdom leads...*

### Resting in the Silence

During these 5 minutes of silence, simply rest in God's abiding and loving presence in this moment. Simply be here now. Descend into this Silence. There is nothing you need to do. Just relax. Sense your body. Breathe more deeply than usual. It can help to focus on the region of the heart. You might use a breath prayer to help you descend into this silence at the level of the heart, such as "May my mind" (inhale), "be as Your Mind" (exhale), or use a sacred word (such as Love, Peace, Abba, Jesus, or Spirit).

## *Psalm 1:4-6 NIV and Nan Merrill*

*The unloving are not so;  
they are like dandelions which  
the wind blows away.*

*Turning from the Heart of Love  
they will know suffering and pain.  
They will be isolated from wisdom;*

*for Love knows the way of truth,  
the way of ignorance will perish  
as Love's penetrating Light  
breaks through hearts filled with illusions:  
forgiveness is the way.*

### **"A Discerning Heart"**

Holy Communion

Receiving a Good Word

### Our Staff

Haley Brown – Ministry Assistant & Director of gastrochurch  
Peter Johns – Associate Director

Rev. Rachel Sciretti – Associate Pastor  
Rev. Dr. Michael Sciretti, Jr. – Pastor of The Center

*Thank you for worshipping with us today. Please register your attendance.  
If you are worshipping online, please text the word center to (844) 474-0707  
If you are worshipping in person, please text the word chapel to (844) 474-0707*

*For information about The Center for Christian Spirituality and upcoming events, visit: [www.TheCenterFCS.org](http://www.TheCenterFCS.org).*

*Please register your presence in the notebooks in the foyer.*



### Centering Prayer

Today | The Chapel | after Contemplative Worship

*If you would like to linger in silence as centering prayer for a bit longer after Contemplative Worship, join the group that gathers near the organ to be led in an additional 10 minutes of silence.*

### Sharing the Journey

Today | The Anchor House | 10:00 a.m.

*Some of the pilgrims from our recent Pilgrimage to England will share some highlights and personal reflections.*

### Vigil for Peace

Today | The Chapel | 6:00 p.m.

*Join us for a time of prayer, lament, and speaking words of hope for our war-torn world.*

### Pilgrim Tales

Wednesday | The Anchor House | 6:30 p.m.

*Join us as we continue our series learning about the spiritual journeys of the individuals who are part of our contemplative community. You'll learn about how they started their contemplative journey; what life events and moments shaped them; the wisdom they carry; and the teachers, books, and practices that have been formative for them.*

### Giving to The Center

*All of us are part of a never-ending process of giving and receiving. Life is not possible without this organic flow. What we co-create together here at The Center for Christian Spirituality is not possible without our conscious participation in this holy activity of freely receiving and freely giving. In this light, we invite you to financially give to The Center in response to what you have received today or throughout our contemplative offerings. Using the QR code will take you to a page where you can make a one-time offering or recurring gift. Thank you for your contribution and investment.*

