



#### 8:45 a.m. + February 12, 2023

We all belong, we all live in a sacred space, and all of us have the capacity to open up that sacred space to another person who is broken, out of balance, or in pain.... To be able to open up a sacred space to another is a humbling experience, because one knows that something more powerful is at work: a grace, a gift from the Holy. One knows that one is not the source of the healing but rather a conduit carrying what might be called, in nontraditional language, a holy energy from a transcendent reality. Every person alive today has the capacity to become a healer and a conduit of the Holy. Francis Geddes

"Love Like a Waterfall"

Opening the Healing Love

Love like a waterfall, falling on us, Flooding our hearts with grace and peace. Healing waters flow, flowing on us, Flooding our hearts with love.

> *Every moment of every day God is loving us. Showers of mercy and waves of forgiveness are covering us.*

# The Morning Psalm (with sung response)

contemplative adaptation of Psalm 132:1-12 (Nan Merrill)

Enter into the Silence, into the Heart of Truth; For herein lies the Great Mystery where life is ever unfolding; Herein the Divine Plan is made known, the Plan all are invited to serve. Listen for the Music of the Spheres in the resounding Silence of the universe. May balance and harmony be your aim as you are drawn into the Heart of Love.

# Pour out through me, Lord of glory, Lord of grace. That all may see Thy eternal radiant Face.

Those who follow the way of Love with calm and faith-filled intent, Know that all is working toward healing and wholeness. And may the healing power of Love lift you from the limitations of fear and ignorance into the arms of freedom. May the peace of the Spirit bless you, and lead you on life's journey. Be not afraid of the Silence, For Wisdom's Voice is heard there!

## Pour out through me, Lord of glory, Lord of grace. That all may see Thy eternal radiant Face.

As you follow the Light, you become gentle and kind, you come to life in the Light and see through Love's eyes. Children enter the world radiating the Spirit – learn from them of innocence and simplicity; Learn to co-operate with the unseen realms, to see beyond the veil.

# Pour out through me, Lord of glory, Lord of grace. That all may see Thy eternal radiant Face.

## **Reflecting on Scripture**

Matthew 9:35-10:1,7-8

And Yeshua led around all the cities and villages teaching in their synagogues and proclaiming the Good Message of the Sovereignty and healing every sickness and weakness in the people. Then beholding the multitudes, he was deeply moved, yearning with compassion for them, because they were unraveled and dejected, like sheep without a shepherd.

*Then he said to his disciples, "The harvest indeed is abundant, but the workers are few. Therefore, pray to the Lord of the Harvest to send forth workers into his Harvest.* 

Then calling his twelve disciples to him, he gave them power over unclean spirits, to cast them out, and to be healing every sickness and weakness.... Saying, "Go, proclaim, 'The Sovereignty of the Heavens as come near.' Heal the sick, cleanse the lepers, awaken the dead, cast out demons. Freely you received, freely give."

# Meditation

Response

"May We Go in the Name of the Lord"

May we go in the Name of the Lord. May we journey in power and strength. Proclaiming the glory and healing of God. May we go in the Name of the Lord.

The Healer's Prayer

*Here we are,* May we all be centered and grounded, ready to offer and receive the healing that is always available to us. Here are our lives. Let them channel the abundant healing force which is for every being. Here are our hands, Let them be instruments of touching, sensing both the pain and the joy which make up those around us. Here are our bodies, Let them be open to the flow of the healing energy. *Here is our breath,* May it guide the life force within us and teach us how to live fully. *Here are our hearts,* Let them radiate unconditional love for all beings. Here we are, Let us be fully present in this and all moments, in harmony, gratitude and love.

# Time of Intercession

Response

"Love Like a Waterfall"

Love like a waterfall, falling on us, Flooding our hearts with grace and peace. Healing waters flow, flowing on us, Flooding our hearts with love.

> *Every moment of every day God is loving us. Showers of mercy and waves of forgiveness are covering us.*

#### Centering in the Silence

During these 5 minutes of silence, simply rest in God's abiding and loving presence in this moment. Simply be here now. Descend into this Silence. There is nothing you need to do. Just let go. Let be. Relax. Breathe deeply. Sense your body. If it helps, use a breath prayer to help you descend into this silence, such as "Lord" (inhale), "Jesus" (exhale) or a name for the Divine, or simply the word "Receive."

Embodying God's Grace Pour out through me, Lord of glory, Lord of grace. That all may see Thy eternal radiant Face. "Pour Out through Me"

Holy Communion and Anointing

Receiving a Good Word

Worship Response

# Today @ 10:00 a.m. | The Anchor House

Each Sunday we are reflecting on the specific ways Christ comes to us as Prophet, Warrior, Healer, and Teacher, as well as the ways he invites us to continue these ministries in our service to humanity today. Join us in The Anchor House as we reflect on the themes of today's service, what arose for us, and what questions we have.

Ash Wednesday

# February 22 @ 12:00 p.m. | The Chapel

*Join The Center for Christian Spirituality in the Chapel for a time of quiet reflection, prayer, the meditative reading of Scripture, communion, and the imposition of ashes.* 

# Sensing God: Encountering God through the Senses – A Lenten Experience

March 1 - April 5, Wednesdays @ 6:30 p.m. | The Anchor House

The senses are thresholds to the heart and springtime is a feast of the senses. Join us as we dive deeper into how the senses are used in Scripture and in the ministry of Jesus. This will be a time of teaching and experience (theoria and praxis). Come with an open heart. All are welcome! There is no cost for this experience, but please register: <u>https://www.chapelwood.org/sanctuary/get-involved/events/sensing-god-encountering-god-through-the-senses-a-lenten-experience/3875/1677650400/</u>

#### Our Staff

Haley Brown – Ministry Assistant & Director of gastrochurch Peter Johns – Associate Director *Rev. Rachel Sciretti* – Associate Pastor *Rev. Dr. Michael Sciretti, Jr.* – Pastor of The Center

Thank you for worshipping with us today. Please register your attendance. If you are worshipping online, please text the word **center** to (844) 474-0707 If you are worshipping in person, please text the word **chapel** to (844) 474-0707

For information about The Center for Christian Spirituality and upcoming events, visit: <u>www.TheCenterFCS.org</u>.