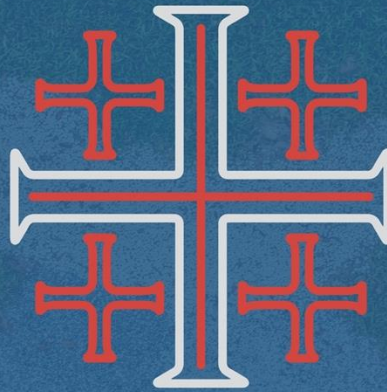




The CENTER
for Christian Spirituality



Freely Receive, Freely Give

Walking the Fourfold Way of Christ

8:45 a.m. + February 5, 2023

Contemplative awareness reveals the wholeness that is present at the heart of reality.
In our larger identity in God, we realize that coinherence; we taste its reconciling energy.
It is out of that awareness in God raised to its fullness that Jesus radiated God's healing power.
Again and again he called on people's faith in God's reconciling presence at every level of our being.
The mind of faith is the mind that willingly opens to that personal presence.

~ Tilden Edwards

Crossing the Threshold

Declaring our Trust

*We come here to worship, we come here to pray.
Aware of our weakness, in need of your grace.
Some of us hiding, some of us found.
Standing together upon holy ground.
Boundless love and beautiful grace,
Filling this place, filling our hearts.
In our delight and in our despair,
Still you are there, flooding our lives with boundless love.*

"Boundless Love"

Contemplative Healing

Mark 8:22-26

And Yeshua came to Bethsaida, and some people brought him a blind man and they begged him to touch him. Yeshua took the blind man by the hand and led him out of the village.

After he spit on his eyes and placed his hands on him, he asked, "Do you see anything?" When the man looked up, he said he saw men as trees, walking.

After that Yeshua put his hands again upon his eyes, and caused him to look up. And the blind man was restored and discerned all things clearly.

Then he sent him away to his home, saying, "Do not even enter into the village."

Meditation

Opening Ourselves to Healing

"Veni Sancte Spiritus"

♩ = 56

Ve - ni san - cte Spi - ri - tus.
Ho - ly Spir - it, come to us.

*Heal me, O LORD, and I shall be healed;
save me, and I shall be saved,
for you are my praise.*

Jeremiah 17:14

*Be gracious to me, O LORD, for I am languishing;
O LORD, heal me, for my bones are shaking with terror.*

Psalm 6:2

*O LORD my God, I cried to you for help,
and you have healed me.*

Psalm 30:2

*The Lord heals the brokenhearted
and binds up their wounds.*

Psalm 147:3

*But for you who revere my Name the sun of righteousness shall rise,
with healing in its wings.
You shall go out leaping like calves from the stall.*

Malachi 4:2

Meditation

Response

“Bring Your Best to Our Worst”

*Bring your best to our worst,
Bring your peace to our pain,
God of love, heal your people.*

Centering in the Silence

During these 5 minutes of silence, simply rest in God’s abiding and loving presence in this moment. Simply be here now. Descend into this Silence. There is nothing you need to do. Just let go. Let be. Relax. Breathe deeply. Sense your body. If it helps, use a breath prayer to help you descend into this silence, such as “Lord” (inhale), “Jesus” (exhale) or a name for the Divine, or simply the word “Receive.”

Receiving God’s Love

“Boundless Love”

*Boundless love and beautiful grace,
Filling this place, filling our hearts.
In our delight and in our despair,
Still you are there, flooding our lives with boundless love.*

Holy Communion

Communion Anthem

“Let Our Mouths Be Filled with Your Praise”

Receiving a Good Word



Worship Response

Today @ 10:00 a.m. | The Anchor House

Each Sunday we are reflecting on the specific ways Christ comes to us as Prophet, Warrior, Healer, and Teacher, as well as the ways he invites us to continue these ministries in our service to humanity today. Join us in The Anchor House as we reflect on the themes of today’s service, what arose for us, and what questions we have.

Freely Receive, Freely Give: Walking the Fourfold Way of Christ

Living the Inward-Outward Journey through the Gospel Archetypes

January February 8, 15 | The Anchor House

Join Michael as he takes us on a deep-dive into the background of each path of the Fourfold Way of Visionary, Warrior, Healer, and Teacher. We will also be given practical ways to open ourselves to Christ in these ways to “freely receive,” as well as how to allow Christ to “freely give” of himself through us in each of these ways. This is a great opportunity to consider practical ways for living the inward-outward contemplative journey. Cost for the 6-week class is \$40. It will be livestreamed, recorded, and uploaded to our online platform Epiphany Today. The class will include handouts as well as a weekly email. Register at:

<https://thecenterfcs.org/freely-receive-freely-give/>

The Warrior Way: A Guided Silent Retreat & the Spirituality of Brigid of Kildare

February 6 | The Anchor House | 8:30 a.m. – 2:30 p.m. | \$20

For February's guided silent retreat, we will provide readings for reflection and practices for accessing your "inner warrior." St. Brigid of Kildare, the patroness saint of Ireland who died in the 6th century, will be one of our "guides" for this retreat. Along with plenty of time for reading and reflection, there will be three periods of "sitting meditation" as well as periods for "standing meditation," which is a form of meditation associated with this Way. We will also have materials for you to make your own woven "Brigid's Cross." A simple lunch of soup and bread is provided with the cost of the retreat. We begin at 8:30 with our first "sitting meditation" for Centering Prayer taking place at 9:00 a.m. Go to the following link to be taken to our latest email that includes a registration button for this event: <https://conta.cc/3wHGxdl>

Our Staff

Haley Brown – Ministry Assistant & Director of gastrochurch
Peter Johns – Associate Director

Rev. Rachel Sciretti – Associate Pastor
Rev. Dr. Michael Sciretti, Jr. – Pastor of The Center

Thank you for worshipping with us today. Please register your attendance.

If you are worshipping online, please text the word center to (844) 474-0707

If you are worshipping in person, please text the word chapel to (844) 474-0707

For information about The Center for Christian Spirituality and upcoming events, visit: www.TheCenterFCS.org.