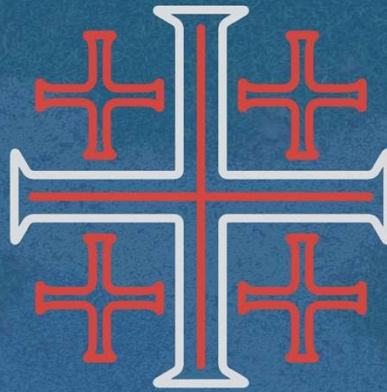




The CENTER
for Christian Spirituality



Freely Receive, Freely Give

Walking the Fourfold Way of Christ

8:45 a.m. + January 29, 2023

*The strength of the rising sun,
The strength of the swelling sea,
The strength of the high mountains,
The strength of the fertile plains,
The strength of the everlasting river
Flowing in me and through me this day,
The strength of the river of God,
Flowing in me and through me this day.
John Phillip Newell*

Crossing the Threshold

Declaring our Trust

*The Lord will fight for you, only be still, only be still.
Stand firm and you will see, only be still, only be still.
Though enemies surround, just wait on holy ground.
For God is all around, only be still, only be still.*

“Only Be Still”

*Awake, awake, put on your strength, O Zion!
Put on your beautiful garments, O Jerusalem, the holy city.*

**Sung: *Awake, awake, put on your strength.
Awake, awake, put on your strength.***

*Though the fig tree does not blossom, and no fruit is on the vines;
though the produce of the olive fails, and the fields yield no food;
though the flock is cut off from the fold and there is no herd in the stalls,
yet I will rejoice in the LORD; I will exult in the God of my salvation.
GOD, the Lord, is my strength; he makes my feet like the feet of a deer
and makes me tread upon the heights.*

**Sung: *Awake, awake, put on your strength.
Awake, awake, put on your strength.***

*The Name of the LORD is a strong tower;
the righteous run into it and are safe.*

I have strength for all things, through the One who strengthens me.

**Sung: *Awake, awake, put on your strength.
Awake, awake, put on your strength.***

Embodying Christ's Power

Luke 9:1-5

Then Jesus called the twelve together and gave them power and authority over all demons and to cure diseases, and he sent them out to proclaim the kingdom of God and to heal the sick. He said to them, "Take nothing for your journey: no staff, nor bag, nor bread, nor money – not even an extra tunic. Whatever house you enter, stay there, and leave from there. Wherever they do not welcome you, as you are leaving that town shake the dust off your feet as a testimony against them."

Meditation

Response

"Qualities of Love"

*I am patience, I am kindness, I am love.
I am contentment and compassion, I am love.
I am presence and abundance as I grow into my True Identity.
I am wholeness, I am mercy, I am love.
I am forgiveness and completeness, I am love.
Though I see myself unclearly, I know one day I'll embrace all that I am.*

*All these qualities of love, they are what I long to be.
As a bearer of God's Image all these traits exist in me.
I will cultivate this love, let my character be changed.
Let my heart grow more expansive, let my spirit bear the Name –
I am love.*

Body Prayer

Declaring our Trust

“Alone With None But You My God”

*Alone with none but you, my God,
I journey on my way.
What need I fear when you are near,
O Lord of night and day?
More safe am I within your hand,
Than if a host did round me stand.*

Centering in the Silence

During these 5 minutes of silence, simply rest in God’s abiding and loving presence in this moment. Simply be here now. Descend into this Silence. There is nothing you need to do. Just let go. Let be. Relax. Breathe deeply. Sense your body. If it helps, use a breath prayer to help you descend into this silence, such as “Lord” (inhale), “Jesus” (exhale) or a name for the Divine, or simply the word “Receive.”

Response

“May We Go in The Name of the Lord”

*May we go in the Name of the Lord.
May we journey in power and strength.
Proclaiming the glory and healing of God,
May we go in the Name of the Lord.*

Holy Communion

Adapted from Sounds of the Eternal, Philip Newell

*Thanks be to you, O God,
For the stirrings of new life in us this day,
For rising from the dreams of the night to a fresh flowing of energy,
For the vitality that awakened our bodies and the desires that stir our souls.
Let us know the power for life that is in us,
The life-force that is in our senses,
And the might that is in our hearts.
Let us know you as the source of such force,
And be wise to its true streams and false currents.
Let us serve love with our strength this day,
Let us serve love with our strength.
In heart and mind and body this day,
Let us serve love.*

Welcoming New Members

Response

“May You Go In The Name of the Lord”

*May you go in the Name of the Lord.
May you journey in power and strength.
Proclaiming the glory and healing of God,
May you go in the Name of the Lord.*

Receiving a Good Word



Worship Response

Today @ 10:00 a.m. | The Anchor House

Each Sunday we are reflecting on the specific ways Christ comes to us as Prophet, Warrior, Healer, and Teacher, as well as the ways he invites us to continue these ministries in our service to humanity today. Join us in The Anchor House as we reflect on the themes of today's service, what arose for us, and what questions we have.

Freely Receive, Freely Give: Walking the Fourfold Way of Christ

Living the Inward-Outward Journey through the Gospel Archetypes

January February 1, 8, 15 | The Anchor House

Join Michael as he takes us on a deep-dive into the background of each path of the Fourfold Way of Visionary, Warrior, Healer, and Teacher. We will also be given practical ways to open ourselves to Christ in these ways to "freely receive," as well as how to allow Christ to "freely give" of himself through us in each of these ways. This is a great opportunity to consider practical ways for living the inward-outward contemplative journey. Cost for the 6-week class is \$40. It will be livestreamed, recorded, and uploaded to our online platform Epiphany Today. The class will include handouts as well as a weekly email. Register at:

<https://thecenterfcs.org/freely-receive-freely-give/>

The Warrior Way: A Guided Silent Retreat & the Spirituality of Brigid of Kildare

February 6 | The Anchor House | 8:30 a.m. – 2:30 p.m. | \$20

For February's guided silent retreat, we will provide readings for reflection and practices for accessing your "inner warrior." St. Brigid of Kildare, the patroness saint of Ireland who died in the 6th century, will be one of our "guides" for this retreat. Along with plenty of time for reading and reflection, there will be three periods of "sitting meditation" as well as periods for "standing meditation," which is a form of meditation associated with this Way. We will also have materials for you to make your own woven "Brigid's Cross." A simple lunch of soup and bread is provided with the cost of the retreat. We begin at 8:30 with our first "sitting mediation" for Centering Prayer taking place at 9:00 a.m.

Our Staff

Haley Brown – Ministry Assistant & Director of gastrochurch
Peter Johns – Associate Director

Rev. Rachel Sciretti – Associate Pastor
Rev. Dr. Michael Sciretti, Jr. – Pastor of The Center

*Thank you for worshipping with us today. Please register your attendance.
If you are worshipping online, please text the word **center** to (844) 474-0707
If you are worshipping in person, please text the word **chapel** to (844) 474-0707
For information about The Center for Christian Spirituality and upcoming events,
visit: www.TheCenterFCS.org.*