



The CENTER
for Christian Spirituality

Rhythms of Grace: Keeping Company with Jesus Through Facing Our Fear

8:45 a.m. + March 13, 2022

*Abba Ammoun of Rhaitou asked Abba Sisoes,
"When I read the Scriptures, my mind is wholly concentrated on the words
so that I may have something to say if I am asked."
The old man said to him, "That is not necessary;
it is better to enrich yourself through purity of spirit and to be without anxiety and then to speak."
~Abba Sisoes*

Comfort From the Psalms (with Sung Response)

Psalm 27:1-5

Response: *The Lord is my light,
My light and salvation.
In God I trust,
In God I trust.*

*The Lord is my light and my salvation –
whom shall I fear?*

*The Lord is the stronghold of my life –
of whom shall I be afraid?*

*When the wicked advance against me
to devour me,*

*it is my enemies and my foes
who will stumble and fall.*

*Though an army besiege me,
my heart will not fear;*

*though war break out against me,
even then I will be confident.*

For in the day of trouble

*he will keep me safe in his dwelling;
he will hide me in the shelter of his sacred tent
and set me high upon a rock.*

Listening to Jesus

Luke 13:31-33a

*At that very hour some Pharisees came and said to him,
"Get away and go on from here, for Herod wants to kill you."*

*He said to them,
"You go and tell that fox for me,*

*'Listen, I am casting out demons and performing cures today and tomorrow,
and on the third day I complete my mission.*

Yet today, tomorrow, and the next day I must go on my way...."

Whom Shall I Fear?

Song of Response

"A Discerning Heart"

*I do not ask for wealth or fame.
Endless riches, great acclaim.
I ask for one thing in your name:
Grant me a discerning heart.*

*Beyond the knowledge I have learned.
All experiences earned.
See wisdom waits to be affirmed.
Held in a discerning heart.*

*Wisdom calls, wisdom leads.
Her ways are pleasant,
Her paths are peace.
She is the fruit of the tree of life,
Grown in a discerning heart.*

*So let my life be fertile soil,
Spirit plant and I will toil,
To tend a crop that will not spoil,
Stored in a discerning heart.*

Wisdom calls, wisdom leads...

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"Get away and go on from here, for Herod wants to kill you."*

*He said to them,
"You go and tell that fox for me,*

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and on the third day I complete my mission.*

Yet today, tomorrow, and the next day I must go on my way...."

Facing our Fear

Time of Prayer

“Don’t Be Afraid”

*Don’t be afraid,
My love is stronger,
My love is stronger than your fear.
Don’t be afraid.
My love is stronger.
And I have promised,
Promised to be always near.*

Centering in the Silence

During these minutes of silence, simply rest in God’s abiding and loving presence in this moment. Simply be here now. You are in the Love of God. Christ is your Divine Center. There is nothing you need to do. Just be and relax. Center your attention in your heart. If it helps you to center, use a sacred prayer word such as Good, Love, Abba, Jesus, or Spirit. Or follow the rhythm of your breath.

Gazing on the Beauty of the Lord

“The Lord Is My Light”

*The Lord is my light,
My light and salvation.
In God I trust,
In God I trust.*

Holy Communion

Psalm 27:4

*One thing I ask from the LORD,
this only do I seek:
that I may dwell in the house of the LORD
all the days of my life,
to gaze on the beauty of the LORD
and to seek him in his temple.*

Listening for a Good Word

*Thank you for worshipping with us today. Please register your attendance.
If you are worshipping online, please text the word **center** to (844) 474-0707
If you are worshipping in person, please text the word **chapel** to (844) 474-0707*

For information about The Center for Christian Spirituality and upcoming events, visit: www.TheCenterFCS.org.

To further explore themes from this Contemplative Worship service,
join the conversation on our online platform Epiphany Today:
<https://epiphanytoday.mn.co/landing>