

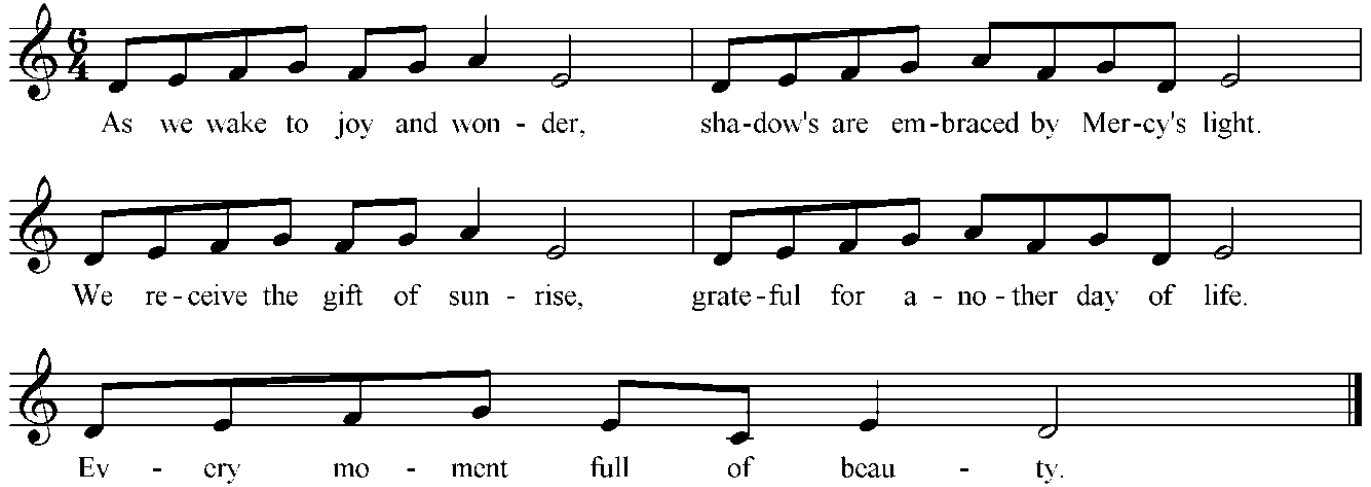
 **THE CENTER**  
for Christian Spirituality

8:45 a.m. + November 14, 2021

*To give thanks in solitude is enough. Thanksgiving has wings and goes where it must go.  
Your prayer knows much more about it than you do.  
~Victor Hugo*

Awakening to Gratitude

*"Lauds"*



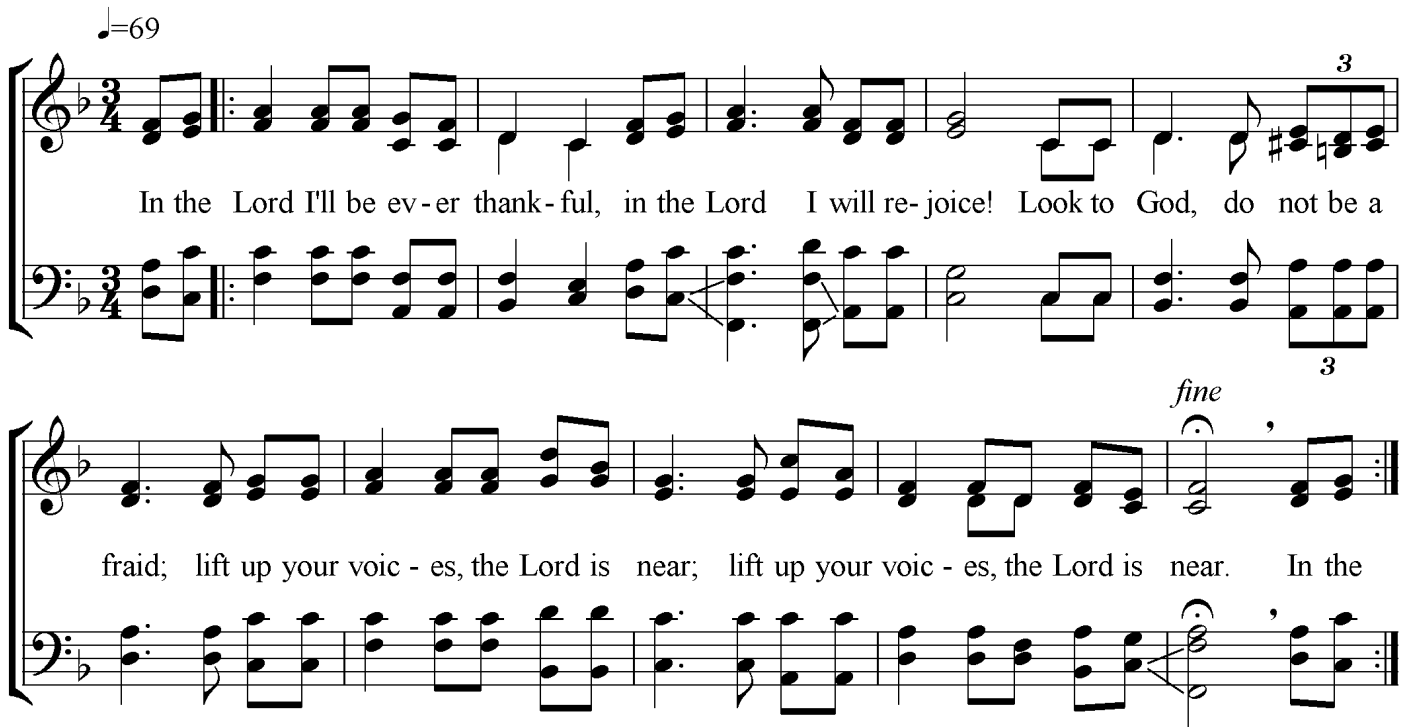
As we wake to joy and won - der, sha-dow's are em-braced by Mer-cy's light.  
We re-ceive the gift of sun - rise, grate-ful for a - no - ther day of life.  
Ev - cry mo - ment full of beau - ty.

Welcome

Filled with Gratitude

*"In The Lord I'll Be Ever Thankful"*

$\text{♩} = 69$



In the Lord I'll be ev-er thank-ful, in the Lord I will re-joice! Look to God, do not be a  
fraid; lift up your voic - es, the Lord is near; lift up your voic - es, the Lord is near. In the

*fine*

Offering Our Psalm-Prayer

Psalm 133 (from *Psalms for a Pilgrim People*)

*At oases on the pilgrim way we rest together, sharing the stories and meals that refresh us.*

*We remember that we are called to be holy, not good; to do what God requires and to delight in God's blessing.*

*Brothers and sisters, friends of God, how joyful and pleasant a thing it is – like the gathering of a mountain range – when we dwell together in unity.*

*It is like a precious and fragrant oil, like the dew of early morning, or the scent of summer in the forest – gifts beyond all expectation.*

*It is like the very presence of holiness itself, a sense of Presence in the places of prayer, the Godward eyes of faithful people, the times we are surprised by new blessings.*

*So we give you heartfelt thanks, O God, that we can glimpse the harmony of humanity, that we can trust that all creation will be restored, that all things will be suffused with the light of your glory. Amen.*

Prayer of Awareness (with sung response)

**"10,000 Reasons"**

Response: *Bless the Lord, O my soul, O my soul;  
Worship his holy name.  
Sing like never before, O my soul;  
I'll worship your holy name.*

- What event, situation, or life-season drew you into relationship with God? **Response**
- What gifts have you received in this relationship? **Response**
- What draws you or invites you to stay in this relationship? **Response**

Unison Prayer

*In the beginning, O God, you formed us according to your imagination and set our interior weave, that we might live with each other in your fullness.*

*You animated us with breath and shaped our journeys, that we might know you, one another, and the entire creation as one.*

*O great God, grant us your light this day.*

*O great God, grant us your grace this day.*

*O great God, grant us your joy this day, that together, we may be One with you. Amen.*

Beauty All Around – inspired by a Diné (Navajo) prayer

**"I Walk"**

*With beauty behind me I walk.*

*With beauty before me I walk.*

*Today as I wander, I journey in goodness,*

*Seeking out beauty I walk.*

*With beauty below me I walk.*

*With beauty above me I walk.*

*Today as I travel a trail of contentment,*

*With calm assurance I walk.*

*That all may be beauty I walk.*

Prayer of Awareness (with sung response)

**"Thank You"**

Response: *Thank you, thank you,  
You chose to bless me before I was born!  
So I thank you, thank you.  
Thank you for loving me.*

- What event, situation, or life-season drew you to Contemplative Worship? **Response**
- What gifts have you received in this worship setting? **Response**
- What draws you or invites you to stay in this worship space? **Response**

## Sitting in Gratitude

### Silence

During these minutes of silence, simply rest in God's abiding and loving presence in this moment. Simply be here now. You are in the Love of God. Christ is your Divine Center. There is nothing you need to do. Just be and relax. Center your attention in your heart, or breathe deeply down into your belly. If it helps you to center, use a sacred prayer word such as Mercy, Love, Abba, Jesus, or Spirit. Or follow the rhythm of your breath.

### Praying a Psalm

*Psalm 138:1-3 (The Message)*

*Thank you!*

***Everything in me says "Thank you!"***

*Angels listen as I sing my thanks. I kneel in worship facing your holy temple and say it again:*

***"Thank you!"***

*Thank you for your love,*

***thank you for your faithfulness;***

*Most holy is your name,*

***most holy is your Word.***

*The moment I called out, you stepped in;*

***you made my life large with strength.***

### Communion

### Prayer of Awareness (with sung response)

*"All Shall Be Well"*

*Response:   **For all shall be well,  
And all shall be well,  
And all shall be well,  
All manner of things shall be well.***

- What event, situation, or life-season are you in right now? **Response**
- What are the gifts in this present moment? **Response**
- What is the invitation in this present moment? **Response**

### Receiving a Good Word

*Thank you for worshipping with us today. Please register your attendance.*

*If you are worshipping online, please text the word **center** to 75787.*

*If you are worshipping in person, please text the word **chapel** to 75787.*

*For information about The Center for Christian Spirituality and upcoming events, visit: [www.TheCenterFCS.org](http://www.TheCenterFCS.org).*