

Altars in the World

8:45 a.m. + October 17, 2021

I said: what about my eyes?
God said: Keep them on the road.
I said: what about my passion?
God said: Keep it burning.
I said: what about my heart?
God said: Tell me what you hold inside it?
I said: pain and sorrow?
He said: Stay with it. The wound is the place where the Light enters you.
Rumi

Seeking Stillness

"Come and Find the Quiet Center"

Come and find the quiet center in the crowded life we lead, Find the room for hope to enter, find the frame where we are freed: Clear the chaos and the clutter, clear our eyes that we can see All the things that really matter, be at peace, and simply be.

Silence is a friend who claims us, cools the heat and slows the pace, God it is who speaks and names us, knows our being, touches base, Making space within our thinking, lifting shades to show the sun, Raising courage when we're shrinking, finding scope for faith begun.

Welcome

Holding onto Hope

"When My World Falls Apart (You Are God)"

When my world falls apart, I will keep on believing, Though what I believe in may falter or grow. Throughout trials and struggles and questions and failings, My faith will keep changing, but this truth I know:

You are God.
You are good.
You are gracious and loving.
And I'm still discovering how wondrous you are.
If I take time to see,
I can learn more about you.
And though I may doubt you,
You never doubt me.

Holding onto Presence

Isaiah 43:2

When you face stormy seas, I will be there with you with endurance and calm; you will not be engulfed in raging rivers.

If it seems like you're walking through fire with flames licking at your limbs, keep going; you won't be burned.

"We Sing an Alleluia"

Holding onto Praise

Sometimes this heart will overflow, A taste of heaven here below. A feeling in the soul, That God is in control. So we sing an alleluia.

Alleluia, alleluia, alleluia So we sing an alleluia.

Some alleluias grow from pain, A cry of faith we can't explain. Although the heart feels numb, We know that joy will come. So we sing an alleluia.

Holding onto Love

Romans 8:38-39

"God"

So now I live with the confidence that there is nothing in the universe with the power to separate us from God's love. I'm convinced that his love will triumph over death, life's troubles, fallen angels, or dark rulers in the heavens. There is nothing in our present or future circumstances that can weaken his love. There is no power above us or beneath us — no power that could ever be found in the universe that can distance us from God's passionate love, which is lavished upon us through our Lord Jesus, the Anointed One!

Holding onto God

God to enfold me, God to surround me, God in my thinking, God in my words. God in my sleeping, and in my waking. God in my watching, God in my hopes. God in my life, God in my lips. God in my heart and my soul. In my sufficing, and in my slumber, In my eternal and living soul.

Resting in the Silence

During these few minutes of silence, simply rest in God's abiding and loving presence in this moment. Simply be here now. Descend into this silence. There is nothing you need to do. Just let go. Relax. Sense your body. Breathe deeply. If it helps, use a sacred word to help you descend into this silence (such as Beloved, Mercy, Abba, Jesus, or Spirit) or a breath prayer, such as "Here" (inhale) "I am" (exhale).

Holding onto Stillness

"Be Still, My Soul"

Be still, my soul: the Lord is on your side.
Bear patiently the cross of grief or pain;
Leave to your God to order and provide;
In every change God faithful will remain.
Be still, my soul: your best, your heavenly friend,
Through thorny ways leads to a joyful end.

Holding onto Each Other

Holding onto Stillness

"Be Still, My Soul"

Be still, my soul: your God will undertake, To guide the future, as in ages past. Your hope, your confidence let nothing shake; All now mysterious shall be bright at last. Be still, my soul: the waves and winds still know, The Christ who ruled them while he dwelt below.

Communion

Receiving a Good Word

Thank you for worshipping with us today. Please register your attendance. If you are worshipping online, please text the word **center** to 75787. If you are worshipping in person, please text the word **chapel** to 75787.