



# THE CENTER

for Christian Spirituality

## Sacred Time

8:45 a.m. + July 18, 2021

*Praised be You, my Lord, through Sister Moon and the stars,  
In the heavens you have made them bright, precious and fair.  
~ St. Francis of Assisi*

### Call to Worship

#### Opening Song

*Keep me in harmony.  
Sun, moon, and starlight, illumine the way.  
Let my life orbit round all that is you.  
Keep me in harmony.*

*"Creation Song"*

#### Reflecting on Scripture

*Sing aloud to God our strength;  
shout for joy to the God of Jacob.  
Raise a song, sound the tambourine,  
the sweet lyre with the harp.  
Blow the trumpet at the new moon,  
at the full moon, on our feast day.  
For it is a statute for Israel,  
an ordinance of the God of Jacob.*

Psalm 81:1-4

### Lunar Awareness

#### Song of Response

*Keep me in harmony.  
Sun, moon, and starlight, illumine the way.  
Let my life orbit round all that is you.  
Keep me in harmony.*

*"Creation Song"*

### Waning and Darkness

#### Song of Response

*Meet us in the darkness where we wait for you.  
Empty of us everything that is not true.  
Laying down what we desire,  
We seek the truth beyond the fire.  
So meet us in the darkness where we wait for you.*

*"Meet Us In the Darkness"*

### Perceiving Where You Are

## Embracing the Unknown

*"Let Mystery Live in You"*

*Let mystery live in you.  
Be content to be in the unknown.  
God is greater than all you see.  
Let mystery live, let mystery live,  
Let mystery live in you.*

*Let mystery live in you.  
Let your questions come guide you along.  
Love sees more than the mind can know.  
Let mystery live, let mystery live,  
Let mystery live in you.*

*Let mystery live in you,  
As you wander a path you can't see.  
You cannot journey outside of God.  
Let mystery live, let mystery live,  
Let mystery live in you.*

## The Pressure to Shine

### Simply Being

*"I Am Loved"*

*I am not who I was, I am not who I will be.  
I am loved.  
I am not what I've done, I am not what I will do.  
I am loved.  
I am beautifully broken,  
Through my darkness shines your light.  
I am loved.*

### Resting in the Silence

During these few minutes of silence, simply rest in God's abiding and loving presence in this moment. Simply be here now. Descend into this silence. There is nothing you need to do. Just let go. Relax. Sense your body. Breathe deeply. If it helps, use a sacred word to help you descend into this silence (such as Christ, Shine, Mercy, Abba, Jesus, or Spirit) or a breath prayer, such as "Here" (inhale) "I am" (exhale).

### Song of Preparation

*"I Am Loved"*

### Holy Communion

### Receiving a Good Word

*Thank you for worshipping with us today. Please register your attendance.*

*If you are worshipping online, please text the word **center** to 75787.*

*If you are worshipping in person, please text the word **chapel** to 75787.*

*For further Contemplative Resources please visit*

*<https://vimeo.com/showcase/6902676>*