



# THE CENTER for Christian Spirituality

## Sacred Time

8:45 a.m. + June 27, 2021

*" Listen; there was once a king sitting on his throne.  
Around him stood great and wonderfully beautiful columns ornamented with ivory,  
bearing the banners of the king with great honor.  
Then it pleased the king to raise a small feather from the ground and he commanded it to fly.  
The feather flew, not because of anything in itself, but because the air bore it along.  
Thus am I 'a feather on the breath of God'"*  
~ Hildegard of Bingen

### Entering Into Worship

*O worship the King all glorious above,  
O gratefully sing God's power and God's love.  
Our shield and defender the Ancient of Days,  
Pavilioned in splendor and girded with praise.*

*O tell of God's might, O sing of God's grace,  
Whose robe is the light, whose canopy space.  
Whose chariots of wrath the deep thunderclouds form,  
And dark is God's path on the wings of the storm.*

*Your bountiful care what tongue can recite,  
It breathes in the air, it shines in the light.  
It streams from the hills, it descends to the plain,  
And sweetly distills in the dew and the rain.*

### Present to Ourselves, Present to God

### Song of Response

*This is the air I breathe,  
This is the air I breathe,  
Your holy presence, living in me.*

*This is my daily bread,  
This is my daily bread,  
Your very word, spoken to me.*

*And I, I'm desperate for you.  
And I, I'm lost without you.*

### "O Worship The King"

### "Breathe"

## Breathing the Breath of Life

Genesis 2:7

*Then the Lord God formed man from the dust of the ground,  
and breathed into his nostrils the breath of life;  
and the man became a living being.*

## The Gift of Inbetween Times

### Waiting with a Breath Prayer

Ezekiel 37:5

Inhale: *I will breathe into you*  
Exhale: *You will come alive!*

### Prayer with Sung Response

*"Breath of Heaven"*

Response: *Breath of Heaven hold us together,  
Be forever near us, breath of Heaven.  
Breath of Heaven, lighten our darkness,  
Pour over us your holiness for you are holy,  
Breath of Heaven*

## Meditation

### Centering in the Silence

During these few minutes of silence, simply rest in God's abiding and loving presence in this moment. Simply be here now. Descend into this silence. There is nothing you need to do. Just let go. Relax. Sense your body. Breathe deeply. If it helps, use a sacred word to help you descend into this silence (such as Christ, Shine, Mercy, Abba, Jesus, or Spirit) or a breath prayer, such as "Here" (inhale) "I am" (exhale).

### God's Breath over Creation

*"O Worship The King"*

*Your bountiful care what tongue can recite,  
It breathes in the air, it shines in the light.  
It streams from the hills, it descends to the plain,  
And sweetly distills in the dew and the rain.*

### Holy Communion

(adapted from the New Zealand Book of Prayer)

*God of power, may the boldness of your Spirit transform us, may the gentleness of your Spirit lead us, may the gifts of your Spirit be our goal and our strength, now and always.  
Praise and glory to you, creator Spirit of God.  
You make this bread to be Christ's body, to heal and reconcile and to make us the body of Christ. You make this cup to be Christ's living sacrificial blood, to redeem the world.  
You are truth. You breathe healing, mercy, and life upon us. We receive you today.  
Like the dawn you illuminate the world around us; you grant us a new beginning every day. Breathe life where there is death, healing where there are wounds, and peace where there is division.  
Be with us, Holy Spirit, in all we say or think, in all we do this and every day. Amen.*

Receiving a Good Word

*God, we who have received your breath in this room,  
and your body and blood at this Table,  
now depart to breathe your Spirit into the world  
and to embody your presence in the world  
through the empowering of your Holy Spirit within us.*

*Thank you for worshipping with us today. Please register your attendance.*

*If you are worshipping online, please text the word **center** to 75787.*

*If you are worshipping in person, please text the word **chapel** to 75787.*

*For further Contemplative Resources please visit*

*<https://vimeo.com/showcase/6902676>*

