



THE CENTER

for Christian Spirituality

Sacred Time

8:45 a.m. + June 13, 2021

Sacred time is what we experience when we step outside the quick flow of life and luxuriate, as it were, in a realm where there is enough of everything, where we are not trying to fill a void in ourselves or the world, where we exist for a moment at both the deepest and the loftiest levels of our existence and participate in the eternal life of all that is.

Gary Eberle, *Sacred Time and the Search for Meaning*

Crossing the Threshold into Worship

Singing Our Intent

“Come, Now is the Time to Worship”

Come, now is the time to worship.

Come, now it the time to give your heart.

Come, just as you are to worship.

Come, just as you are before your God. Come.

Willingly we choose to surrender our lives.

Willingly our knees will bow.

With all our heart, soul, mind, and strength we gladly choose you now.

Observing Time

Seeking the Center

“Come and Find the Quiet Center”

Come and find the quiet center in the crowded life we lead,

Find the room for hope to enter, find the frame where we are freed:

Clear the chaos and the clutter, clear our eyes that we can see,

All the things that really matter, be at peace, and simply be.

Silence is a friend who claims us, cools the heat and slows the pace,

God it is who speaks and names us, knows our being, touches base,

Making space within our thinking, lifting shades to show the sun,

Raising courage when we're shrinking, finding scope for faith begun.

Chronos and Kairos

Becoming Spacious

“Come and Find the Quiet Center”

In the Spirit let us travel, open to each other's pain,

Let our loves and fears unravel, celebrate the space we gain:

There's a place for deepest dreaming, there's a time for heart to care,

In the Spirit's lively scheming there is always room to spare!

Guided Meditation

Psalm 31:15-16

*My times are in Your hands.
Deliver me from the hands of my adversaries and from my pursuers.*

*Shine Your Face on Your servant.
Make me spacious in Your Mercy.*

Song of Response

"Even Though the Day Be Laden"

*Even though the day be laden,
And my task dreary,
And my strength small,
A song keeps singing in my heart.
For I know that I am thine,
I am part of thee,
Thou art kin to me,
And all my times,
All my times are in thy hands.*

Centering in the Silence

During these few minutes of silence, simply rest in God's abiding and loving presence in this moment. Simply be here now. Descend into this silence. There is nothing you need to do. Just let go. Relax. Sense your body. Breathe deeply. If it helps, use a sacred word to help you descend into this silence (such as Christ, Shine, Mercy, Abba, Jesus, or Spirit) or a breath prayer, such as "Here" (inhale) "I am" (exhale).

We Respond


"Time is Marching Ever Onwards"



Time is march-ing e - ver on - wards, day de-clines and even-ing shad-ows fall.



Make the most of ever - y mo - ment, sa - vor life then let it fade a - way.



Cel - e - brate and then sur - ren - der.

Holy Communion

Mark 1:15 & Ephesians 5:14-17

*Jesus says, "The Time (Kairos) is fulfilled. The Realm of God is here.
Change your mind and trust in the Good News."*

*Awaken, sleeper. Arise from the dead. And the Christ will shine on you, enlightening you.
So observe how you walk exactly, not without Wisdom but rather with Wisdom,
redeeming the Time (Kairos), because the days of "passing-time" are full of trouble.
So do not be unmindful, but rather understand the Will of the Lord.*

Time Moves On

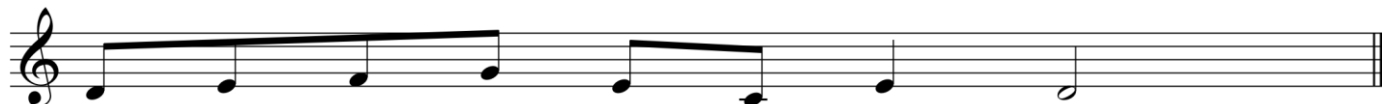
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Receiving a Good Word

Thank you for worshipping with us today. Please register your attendance.

*If you are worshipping online, please text the word **center** to 75787.*

*If you are worshipping in person, please text the word **chapel** to 75787.*

For further Contemplative Resources please visit

<https://vimeo.com/showcase/6902676>